

\$1 OFF

Apple Pie Bread



Offer valid September 1-30, 2024 at Ames location. One discounted loaf per customer. Must present coupon or mention promocode GREATAPPLE. Also valid for use at [ames.greatharvestbread.com](https://www.ames.greatharvestbread.com).

We're participating in

MUSIC WALK 2024

in Ames Downtown

Thursday,
Sept 19
5 to 8 pm

BREAKFAST DEAL

in September only

FREE 12-OZ COFFEE

with purchase of
a breakfast sandwich

Use promocode
GHBREAKFAST when
ordering online.



September 2024

BAKED GOODS AVAILABLE DAILY

Whole Grain Breads & Sweets

Honey Whole Wheat Bread • Dakota Bread
Harvest Bar • Trek Bar • Dillon Cookie

Partial Whole Grain Breads & Sweets

Whifty Fifty • Gluten-X Bread • Monkey Bread
Cinnamon Chip Bread • Raisin Cinnamon Bread
High Rise Cinnamon Roll • Oatmeal Raisin Cookie
Monster Cookie • Gluten-X Cookie

Other Breads, Biscuits, & Sweets

Farmhouse White Bread • Asiago Pesto Bread
Savory Biscuit • Cream Cheese Scone • Muffin
Bread Pudding • Brownie • M&M® Cookie
Chocolate Chip Cookie • Turtle Cookie
Sugar Cookie • Snickerdoodle Cookie

SPECIALTIES OF THE MONTH

Apple Pie Bread
Maple Apple Granola
Apple Cider Muffins

Introducing Apple Pie Bread

September only.
See coupon on back side.



Great Harvest Bakery and Café

502 Burnett Avenue, Ames
515-598-2624

[ames.greatharvestbread.com](https://www.ames.greatharvestbread.com)
amesia@greatharvest.com



Tuesday-Saturday
7 am to 2 pm



why we're celebrating apples

in September

Apples are chock full of vitamin C and antioxidants.

Apples support healthy digestion and brain health.

Apples are linked to a lower chance of cancer and may support weight loss.

Apples can serve as a natural sweetener for other foods.

One apple contains approximately 5 grams of fiber.

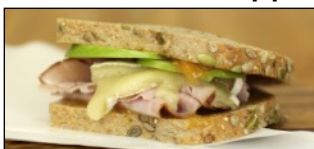
here's what we're baking with apples this month

We also make delicious apple sandwiches:

Spicy Apple Bacon



Ham and Brie-Apple



Try them both!

try our . . .

Apple Pie Bread

Made with real apples and spicy cinnamon chips.

Maple Apple Granola

You'll love it on yogurt in the morning!

Apple Streusel Teacake and Muffins

Our streusel topping is amazing!

Caramel Apple Scones

Caramel apple scones are a customer favorite.

Apple Cider Muffins

Our streusel topping is amazing!