

# The Tradition of **KING CAKES**

## What is a King Cake?

A King Cake is typically an oval-shaped ring symbolizing unity. It is covered in carnival-colored sugars—purple (justice), green (faith), and gold (power). King Cakes are eaten during the Mardi Gras season, from the Epiphany, or Three Kings Day, (January 6) to Fat Tuesday (March 4).

## How are King Cakes unique?

King Cakes contain a hidden surprise—typically a tiny plastic baby. As the cake is served, each person checks their piece for the baby by piercing it with a fork. The person who finds the baby is declared "King of the Party" and obliged to bring a King Cake to the next seasonal celebration.

## Careful. Don't eat the baby!

At Great Harvest, we place the toy baby on top of the frosted cake so it's easy to find and no one accidentally tries to eat the baby. We suggest borrowing from the French tradition in which one person (usually the youngest) is either blindfolded or seated under the table while the cake is served. As each piece is cut, the individual under the table calls out the name of the person to whom the piece should be served.

Includes one brightly decorated **KING CAKE** with a **TOY BABY** on top, paper **CROWN**, and Mardi Gras **BEADS**—everything you need for a fun celebration.

**MUST PREORDER**  
at least 72 hours in advance.

**\$20**

# JANUARY 2025

# KING ME!



Find the  
baby and  
be declared  
king

It's not just a cake.  
It's an experience.

See back of brochure for more information.



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Stay Warm during

# WINTER SIDEWALK SALES

Winter Sidewalk Sales

Thursday, January 9  
to Saturday, January 11  
in Ames Downtown

12-oz  
Caffé d'Arte Coffee  
or Hot Chocolate

\$1



**SAVE \$2 on the Smokehouse.**

Use or mention promocode

**GHSMOKEHOUSE.**

Offer valid in January 2025 only at Ames location.

new  
sandwich  
only in  
January

**THE SMOKEHOUSE**  
INCLUDES CHIPS & A DRINK

A classic pairing of turkey, Provolone and bacon, made even better by adding our house-made chipotle yogurt sauce. Topped with lettuce, tomato and onion. This beauty is grilled to perfection and will make your taste buds sing!



Great Harvest Sandwiches. Where the outside is as good as the inside.